**Instructions for Developing Group Social Contract**

In the first group meeting, students will be tasked with creating a social contract for their group defining their expectations for participation within the Patient-Based Discussions. **The goal is to promote a safe space for students where they feel heard and supported by their peers and any facilitators who are present.** They will be given time to do so (15 minutes) and are encouraged to be creative. This process may be done in whatever way is conducive to the students – students have full ownership of the social contract. They should agree upon 5-10 items, with 2 mandatory items: 1) Everyone will show up prepared to take on any role. 2) Roles will be rotated each session.

All who participate in an individual small group will agree to the social contract of that group at the beginning of each session (i.e., start by reviewing the social contract and allow time for each student to confirm their agreement and each facilitator to agree to the group’s terms). Students may propose changes to the social contract at the beginning of each session, as long as all students agree upon 5-10 items with 2 mandatory items (1) Everyone will show up prepared to take on any role. 2) Roles will be rotated each session) before the session starts.

**List your 5-10 Items for your Social Contract**

1. Everyone will show up prepared to take on any role.
2. Roles will be rotated each session.
3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
4. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
5. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
6. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
7. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
8. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
9. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
10. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Provide your name as your electronic signature to indicate your agreement to this contract**

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
4. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
5. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
6. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
7. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
8. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Please refer to this document at the beginning of each group session to reaffirm your agreement to this social contract and to allow your facilitators to agree to it as well.

**Additional resources**

* 10 basic rules of communication: <https://www.youtube.com/watch?v=H6n3iNh4XLI>.
  1. Don’t multitask
  2. Don’t pontificate
  3. Use open-ended questions
  4. Go with the flow
  5. If you don’t know, say you don’t know
  6. Don’t equate your experience with theirs
  7. Try not to repeat yourself
  8. Stay out of the weeds
  9. Listen
  10. Be brief
* Saltman DC, O'Dea NA, Kidd MR. Conflict management: a primer for doctors in training. Postgrad Med J. 2006;82(963):9-12. doi:10.1136/pgmj.2005.034306. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2563732/>
* Greengard S. How leaders can turn conflict into improvement. American Association of Physician Leadership. 21 September 2018. <https://www.physicianleaders.org/news/turning-conflict-into-improvement>