Pediatric Psychology & Developmental Medicine Clinical Post-Doctoral Fellowship Handbook 2025 – 2026

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Welcome

The Pediatric Psychology and Developmental Medicine (PPDM) clinical postdoctoral fellowship program at the Medical College of Wisconsin (MCW) and Children's Wisconsin provides advanced training to individuals who have completed their predoctoral requirements and obtained their doctoral degree in clinical, counseling, or school psychology. Current fellowship offerings include:

- Center for Child Development School Performance (1 year)
- Center for Child Development Autism and Developmental Disorders (1 year)
- Consultation & Liaison/Adherence (1 year)
- Functional Disorders (1 year)
- Hematology, Oncology, and Blood and Marrow Transplant (1-2 years)
- Adolescent Health (1 year)
- Orthopedics and Sports Medicine (1 year)

This handbook serves as a general guide to our fellowship program. As each fellowship may differ slightly in terms of guidelines, expectations, and processes, all potential or current fellows are encouraged to speak with individual fellowship track director regarding any specifics.

Fellowship Aims

The primary goal of this fellowship program is to provide advanced and specialized training in pediatric and clinical child psychology to promote professional development and prepare fellows for independent practice as psychologists who will contribute both to the welfare of society and to the profession. It is designed to be a challenging and dynamic program that provides advanced training in evidence-based, developmentally appropriate, and culturally-sensitive clinical service, professional development, ethical decision-making, and scholarly inquiry.

Training Philosophy

Our training program is based on a scientist-practitioner model that emphasizes the ability to think empirically and integrate scientific and scholarly thinking into clinical work. To that end, the program values the integration of clinical, educational, and research activities.

Medical College of Wisconsin



The Medical College of Wisconsin (MCW) is a private, freestanding medical school and health sciences university located in Milwaukee, Wisconsin. Founded in 1893, it has grown into a prominent institution known for its contributions to medical education, research, patient care, and community engagement.

Mission

We are a distinguished leader and innovator in the education and development of the next generation of physicians, scientists, pharmacists and health professionals; we discover and translate new knowledge in the biomedical and health sciences; we provide cutting-edge, collaborative patient care of the highest quality; and we improve the health of the communities we serve.

Vision

Pioneering Pathways to a healthier world.

MCW Values

We strive for excellence in education, research, patient care, and community engagement by:

Caring: Active in caring ways

Collaborative: Engaging in collaborative efforts

Curiosity: Approaching our world with curiosity

Inclusive: Advancing inclusive practices

Integrity: Demonstrating Impact in all we do

Respect: Treating everyone with respect

Academic Programs

MCW offers a comprehensive array of educational programs. Its School of Medicine is the cornerstone, providing a rigorous curriculum that integrates basic science with clinical training. The school emphasizes early clinical experiences and a commitment to addressing health disparities. The School of Pharmacy prepares pharmacists with a focus on patient-centered care and innovative practices. The Graduate School offers advanced degrees in a variety of biomedical disciplines, fostering a collaborative environment for scientific discovery.

Research Excellence

MCW is recognized for its robust research enterprise, with substantial contributions in fields such as cancer, cardiovascular diseases, neuroscience, and genetics. The institution is home to several research centers and institutes, including the Cancer Center, Cardiovascular Center, and the Neuroscience Research Center. These centers facilitate interdisciplinary research aimed at translating scientific discoveries into clinical applications. MCW ranks among the top medical schools in the nation for NIH funding, reflecting its leadership in biomedical research. The institution is involved in numerous clinical trials and collaborative research projects, both nationally and internationally. Its faculty are renowned for their expertise and are frequently published in leading medical journals.

Clinical Services and Patient Care

MCW's clinical faculty provide care to patients across the region through partnerships with several major healthcare systems, including Froedtert Hospital, Children's Wisconsin, and the Clement J. Zablocki VA Medical Center. These affiliations ensure that students receive diverse and comprehensive clinical training while also contributing to the high standards of patient care in the community.

Community Engagement and Impact

MCW is deeply committed to serving the community and addressing health disparities. Through programs such as the Advancing a Healthier Wisconsin Endowment and numerous outreach initiatives, MCW works to improve public health and access to care. The institution engages with local communities to provide education, screenings, and preventive services, particularly in underserved areas.

Campus and Facilities

MCW's main campus in Milwaukee features state-of-the-art facilities, including advanced laboratories, simulation centers, and modern classrooms designed to support cutting-edge education and research. Additionally, MCW has regional campuses in Green Bay and Central Wisconsin, aimed at addressing the physician shortage in rural areas and expanding educational opportunities.

PUBLISHING KNOWLEDGE

Top 5%~1,6155.1600+WORLDWIDE IN NEWstudents millionprojects

(MEDICAL, GRADUATE, AND PHARMACY SCHOOL)

PATIENT VISITS CONDUCTED ANNUALLY

TO IMPROVE HEALTH AND **REDUCE DISPARITIES**

Children's Wisconsin



Kids deserve the best.

Children's Wisconsin is a nationally ranked children's hospital and health system with more than 40 locations throughout Wisconsin. In addition to hospitals in Milwaukee and Neenah, Children's offers primary care, specialty care, urgent care, emergency care, community health services, foster care and adoption services, child and family counseling, child advocacy cenetesr, school-based health services, family resources, and a health plan.

Children's Wisconsin Vision: The children of Wisconsin will be the healthiest in the nation.

Children's Wisconsin Mission: CARE: Care, Advocacy, Research, Education

Children's Wisconsin Values and Guiding Behaviors: Our five values guide and inspire us. The guiding behaviors describe how we pursue our vision and mission. These actions demonstrate our passion and show how much we care for and about children and families.

Purpose - We act in service of children and families

- I focus on what matters most to children and families.
- I am passionate about providing the safest and highest quality care.
- I hold myself and my colleagues accountable for high performance.

Collaboration - We work together to care for and about children and families

- I respect and value diverse backgrounds, styles and perspectives.
- I invite and recognize the strengths and contributions of others.
- I include people in decisions that impact them.

Integrity - We build confidence and trust in all interaction

- I assume positive intent and treat others with respect and compassion.
- I listen for understanding and communicate openly and honestly.
- I follow through on commitments and decisions

Health - We are at our best

- I create an appreciative, fun and caring environment.
- I am aware of my own moods and cast a positive shadow.
- I make choices to achieve balance and well-being at work and at home.

Innovation - We commit to lifelong learning and continuous improvement

- I learn from children, families, colleagues and the community.
- I embrace curiosity, change and the open exchange of feedback.
- I am committed to improvement through personal and organizational learning.

Children's Wisconsin and Medical College of Wisconsin

Children's is a major teaching affiliate of the Medical College of Wisconsin and is affiliated with more than a dozen schools of nursing. Children's Wisconsin is one of the nation's top pediatric facilities, serving kids and families from all 50 states, as well as many countries around the world.

Research Excellence

The Children's Wisconsin Research Institute represents the most powerful concentration of pediatric research in the region: more than 1,000 active clinical studies; nearly \$30 million in external funding.

Community Engagement and Impact

Children's Wisconsin supports Wisconsin communities in many ways. Children's is a partner of the Sojourner Family Peace Center, a 53-bed shelter that provides safety and support services to thousands of victims and families impacted by family violence. Every year, Children's invests more than \$151 million in community programs and services with the long-term goal of keeping all children healthy, happy, and safe. This includes providing more than \$77.6 million in unreimbursed care.

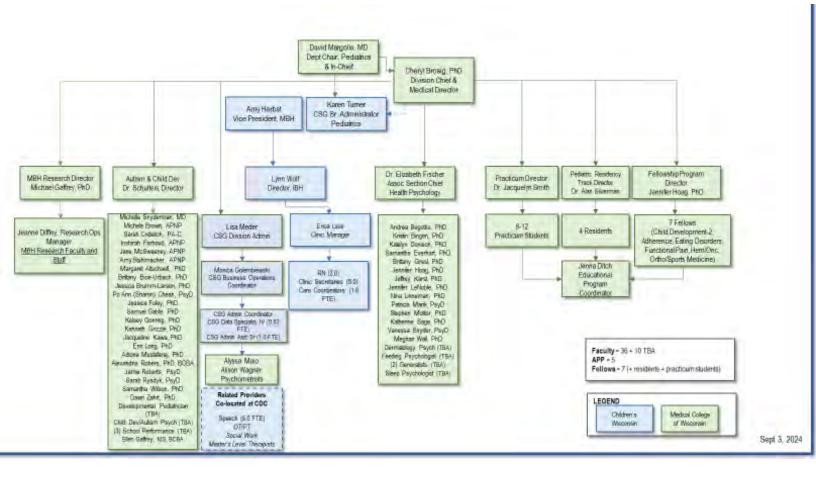
Campus and Facilities

Children's Wisconsin has two hospitals, located in Milwaukee, and Fox Valley. Our Milwaukee hospital offers 306 beds. Children's is one of the busiest pediatric hospitals in the country. Our Level I Trauma Center, verified by the American College of Surgeons, houses 13 inpatient units to care for our most critical patients. For children with serious medical conditions, Children's 72-bed pediatric critical care unit is one of the largest in the nation. Our Level IV, 69-bed neonatal intensive care unit cares for more than 700 critically ill babies each year and our Level IV Epilepsy Center and Neurosciences Research Center has 22 family-oriented rooms, 10 of which are epilepsy monitoring patient rooms.



PPDM & MBH Leadership

Pediatric Psychology & Developmental Medicine (PPDM) is a division within the MCW Department of Pediatrics (DOP). Our trainees work with PPDM faculty, other MCW Psychology faculty, and Children's Wisconsin Mental and Behavioral Health (MBH) providers to provide exceptional care for pediatric patients across our system. Dr. Cheryl Brosig serves as the Division Chief & Medical Director of PPDM.



PPDM Training Programs

PPDM Training includes the following:

 Graduate Student Practicum: Approximately 10-12 students per academic year. Rotations including NICU, General Child Clinical Psychology, Pain, Assessment, Hem/Onc/BMT, Pediatric Behavioral Medicine Primary Care (PBMPC), Orthopedics, Functional Neurological Symptom Disorders, and Eating Disorders.

Practicum Directors: Dr. Jacqui Smith, Dr. Monica Gremillion, and Dr. Jackie Kawa

 Predoctoral Residency: Four pediatric positions within an APA Accredited health psychology residency. Quarterly rotations include C&L, NICU/Cardiology, Gastroenterology, and Hem/Onc/BMT. Residents also participate in a yearlong PBMPC Continuity Clinic and complete a scholarly project.

Residency Director: Dr. Alan Silverman

- 3. **Postdoctoral Fellowship:** Five pediatric positions comprise the postdoctoral fellowship program, which includes four tracks.
 - Center for Child Development (2 fellows)
 - Track Director: Dr. Brittany Bice-Urbach
 - Consultation & Liaison/Adherence
 - Track Director: Dr. Jenni LeNoble
 - Functional Disorders
 - Track Directors: Drs. Theresa Kapke and Brittany Gres
 - o Hematology, Oncology, and Blood and Marrow Transplant
 - Track Director: Dr. Jenny Hoag

Fellowship Director: Dr. Jenny Hoag

4. Education Committee: The training programs are coordinated by individual leaders in collaboration with the PPDM Education Committee. The Education Committee welcomes any broad training input or questions from trainees. Please email Education Committee Chair Dr. Jeff Karst at jkarst@mcw.edu with any specific considerations.

Appointment, Stipend, and Benefits

Clinical fellowship appointments are full-time (average 40-hour week) for one to two years (depending on track). Our clinical fellows acquire 2000 supervised hours during the training year to qualify for state licensure requirements. Clinical moonlighting is not permitted.

Fellows receive a salary that is competitive and consistent with NIH fellowship guidelines. Your paycheck stub will be found in Oracle, which has a separate login and password that may be different than your MCW login. The link to Oracle is on InfoScope.

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Plan Year

The MCW benefits plan year begins on January 1 and ends the following December 31.

Eligibility

Your benefit eligibility corresponds to your Full-Time Equivalent (FTE) status. Use the Benefit Eligibility table below to determine which is applicable to you.

Your benefit eligibility class determines the benefit plans for which you are eligible and your contribution rates.

	Benefit Eligibility
1	FT/PT Staff (.75 - 1.0 FTE)
2	PT Staff (.574 FTE)
3	FT/FPE Faculty (.5 - 1.0 FTE)
4	FT/FPE Staff Physicians (.5 - 1.0 FTE)
5	FT/PT Instructor (.75 - 1.0 FTE)
6	PT Instructor (.574 FTE)
7	FT/PT Postdoctoral Fellow (.75 - 1.0 FTE)
8	PT Postdoctoral Fellow (.574 FTE)
9	FT Project Appointment (1.0 FTE)
10	Casual (.149 FTE)

Benefit					Eligible	Classes	S.			
Health*	1		3	4	5		7		9	
Dental*	1		3	4	5		7		9	
Vision*	1		3	4	5		7		9	
Basic Life	1		3	4	5		7			
Voluntary Life*	1		3	4	5		7			
Time Away	1	2	3	4	5	6	7	8	9	
Short-Term Disability	1		3	4	5		7		9	
Long-Term Disability	1		3	4	5					
Educational Benefits	1		3		5					
Health Care Flexible Spending Account*	1		3	4	5		7		9	
Dependent Day Care Flexible Spending Account*	1		3	4	5		7		9	
IDShield & Legal Shield*	1		3	4	5		7		9	
Mandatory 403(b)	1	2	3	4	5	6				
Voluntary 403(b)	1	2	3	4	5	6	7	8	9	10
Employee Assistance Program	1	2	3	4	5	6	7	8	9	10
Back-Up Care	1	2	3	4	5	6	7	8	9	

*Benefits that require employee enrollment action within 31 days of hire or during annual open enrollment period, to participate.

More information about benefits plans and rates can be found here: <u>2024 MCW BenefitsGuide FINAL.pdf</u> (see Eligibility Class 5) 2024-Rates---Benefits-Team1.pdf

Funds for Conferences, Travel, and Materials

- Fellows are provided \$2000/year to attend a conference(s). Funds can be used to cover conference registration and related air or train travel, parking, lodging, and food (per diem). Fellows may also use the fund to purchase materials related to training. Receipts must be provided within 60 days of travel for reimbursement. Submit to Deb Hader (<u>dhader@mcw.edu</u>) if located at the CCD and Cristina Espinoza (<u>cespinoza@mcw.edu</u>) if located at main campus.
- Fellows are provided up to \$849 to purchase EPPP materials. Additionally, registration fees for the EPPP are covered (up to \$687.50), as is the Wisconsin state license fee (up to \$60).

Time Off

Fellows are granted 20 days of vacation and 30 days of sick time per year. Sick time may be used for your own medical condition or that of a family member (defined as spouse, child, parent or parent-in-law) for the purposes of physical or mental illness, injury, or medical condition or to receive preventative care.

Fellows are granted 2 study days for the EPPP. The day of the exam is considered a work day.

MCW uses myTime as the timekeeping system. You can access myTime from Infoscope (infoscope.mcw.edu) using your MCW login. Please email time off requests to Jenna Ditch (<u>jditch@mcw.edu</u>), your track director and clinic scheduler (to block your schedule), as well as our Administrative Assistant, Deb Hader (<u>dhader@mcw.edu</u>).

Information Systems

MCW IS Help Desk: 414-955-4357, option 8 or <u>help@mcw.edu</u> Children's IS Help Desk: 414-337-4357

Need help with Epic?

Non-urgent concerns can be submitted directly from Epic by using the ServiceNow activity. Urgent concerns should be called into the MCW IS Service Center at 414-337-4357. Rabbin DeGlopper is the MBH Epic Specialist and can be reached at 414-266-3726 or rdeglopper@childrenswi.org.

Office Space

Fellows are assigned shared offices with each having their own designated workspace, personal computer, voicemail, email, administrative assistance, and full access to the MCW libraries and associated services.

Diversity, Equity, & Inclusion

As a training program, the MCW PPDM Clinical Postdoctoral Fellowship program emphasizes training that recognizes the importance of diversity, inclusion, and equity. We are committed to creating a welcoming training and teaching environment that respects individual differences while supporting the attainment of nationally recognized competencies for becoming a pediatric psychologist. To this end, we commit to: recognizing and addressing implicit bias within our training organization, making efforts to recruit and retain diverse trainees and faculty from historically underrepresented groups in the field, engaging our team to create a more inclusive environment, developing the space for all team members to gather, share, and learn from one another, and to increase our awareness for inequality, power and privilege, discrimination, and various forms of oppression across clinical, professional, and personal settings to better engage in respectful and inclusive practices.

https://childrenswi.org/about/ide



Advancing Inclusion, Diversity and Equity at Children's Wisconsin

Selection Procedures

Fellow selection is made by a committee comprised of the fellowship training director, track directors, and the supervising training psychologists. Applicants are rated based on their clinical training (i.e., assessment and therapy), academic coursework, letters of recommendation, clinical and research interests, progress toward dissertation completion, and stated goals for fellowship. Strong writing skills are also favorably evaluated and can be demonstrated through submission of redacted psychological reports. Those prospective candidates assessed by the committee to hold interests and goals most closely matching those opportunities offered by our program will be asked to participate in an interview.

Prospective candidates will be notified via email if they are granted an interview with the training staff and supervisors. All interviews will be conducted virtually. Interviews are required and weigh heavily in the selection process, as this provides an opportunity for program staff and applicants to determine fit. The program values applicants who demonstrate an ability to balance strong interpersonal skills with professionalism.

Prospective candidates will be notified over the phone if they have been offered a position within the post-doctoral clinical fellowship training program.

Accreditation Status

Our fellowship program is not currently accredited by the Association of Psychology postdoctoral and Fellowship Centers (APPIC) or the American Psychological Association (APA).

Non-Discrimination Practices

MCW is committed to creating and sustaining a safe learning and working environment that recognizes and values the dignity of all members of the MCW community. MCW prohibits all forms of harassment, discrimination and all other negative conduct that inhibits effective communication and productivity. MCW encourages early reporting of unprofessional behavior, unwanted attention, and any form of harassment and/or discrimination. MCW will take immediate and appropriate action when it determines that harassment and/or discrimination has occurred.

Didactic Seminars & Case Conferences

Fellows will receive approximately one hour per week of didactics between the months of September and June. Seminars will cover professional development topics, supervision, ethics, and DEI topics. Each fellow will present twice during their training year (i.e., case presentation and job talk). Attendance at didactics is strongly encouraged but not mandated. Training tracks may offer additional didactic opportunities, in addition to those offered through MCW and CW. Fellows are also strongly encouraged to attend the weekly Pediatric Grand Rounds and Children's Research Institute Research Conference as well as the monthly Bioethics and Medical Humanities Grand Rounds, plus presentations or conferences they feel would benefit their education during the fellowship.

Date*		Торіс	Speaker	Location
9/6/2024	1:00-2:00 pm	Professional Development: Welcome / Billing & Documentation / RVU Tracking	Jenny Hoag, Ph.D. & Brittany Gresl, Ph.D.	HUB 2075
9/13/2024	1:00-2:00 pm	Supervision Series: What is Supervision? What do Supervisors Do?	Brittany Gresl, Ph.D. & Andrea Begotka, Ph.D.	HUB 2075
9/20/2024	1:00-2:00 pm	Professional Development: Understanding Private Insurance: Co-pays, Deductibles, Pre-Auths	Heidi Delaney	HUB 2075
9/27/2024	1:00-2:00 pm	DEI: Reproductive Justice	Jennifer Jury McIntosh, D.O., M.S.	HUB 2075
10/4/2024	1:00-2:00 pm	Case Presentation / Group Supervision: Ethics Case Discussion (Real or Hypothetical)	Jennifer Vice-Reshel, Ph.D. Facilitator: Stephen Molitor, Ph.D.	HUB 2540
10/11/2024	1:00-2:00 pm	Supervision Series: Competency Based Clinical Supervision: Implications & Applications	Brittany Gresl, Ph.D. & Andrea Begotka, Ph.D.	HUB 2075
10/18/2024	1:00-2:00 pm	Case Presentation / Group Supervision: Ethics Case Discussion (Real or Hypothetical)	Kimberly Brown, Ph.D. Facilitator: Alan Silverman, Ph.D.	HUB 2075
10/25/2024	1:00-2:00 pm	DEI: The Rise of Partisan Politics	Kyle McWagner, Ph.D.	HUB 2075
11/1/2024	1:00-2:00 pm	Professional Development: Mandated Reporting of Abuse	Jenny Hoag, Ph.D.	HUB 2075
11/8/2024	1:00-2:00 pm	Supervision Series: The Role of the Relationship in Supervision	Brittany Gresl, Ph.D. & Andrea Begotka, Ph.D.	HUB 2075

11/15/2024	1:00-2:00 pm	Case Presentation / Group Supervision: Ethics Case Discussion (Real or Hypothetical)	Katie Ritchie, Ph.D. Facilitator: Beth Fischer, Ph.D.	HUB 2075
11/22/2024	22/2024 1:00-2:00 pm Experienced by Minoritized Communities		Gabriela Nagy, Ph.D.	HUB 2075
11/29/2024		No Didactic - Holiday		
12/6/2024	1:00-2:00 pm	Professional Development: Preparing for the EPPP	Nina Linneman, Ph.D.	HUB 2075
12/13/2024	1:00-2:00 pm	Professional Development / Wellness: Self-Care / Boundaries	Jessica Brumm-Larson, Ph.D.	HUB 2075
12/20/2024	1:00-2:00 pm	Case Presentation / Group Supervision: Ethics Case Discussion (Real or Hypothetical)	Eliza Godfrey, Ph.D. Facilitator: Maggie Altschaefl, Ph.D.	HUB 2075
12/27/2024		No Didactic - Holiday		
1/3/2025		No Didactic - Holiday	No Didactic - Holiday	
1/10/2025	1:00-2:00 pm	Professional Development: Developing New Programs	Kelsey Gonring, Ph.D.	HUB 2075
1/17/2025		No Didactic		
1/24/2025	1:00-2:00 pm	Case Presentation / Group Supervision: Ethics Case Discussion (Real or Hypothetical)	Sarah Boeding, Ph.D. Facilitator: Jenni LeNoble, Ph.D.	HUB 2075
1/31/2025	1:00-2:00 pm	DEI: TBD		HUB 2075
2/7/2025	1:00-2:00 pm	Professional Development: Applying and Interviewing for Jobs in Academic Medicine	Samantha Everhart, Ph.D.	HUB 2075
2/14/2025	1:00-2:00 pm	Supervision Series: Supervisor Professional Development and Growth: Promoting Lifelong Learning	Brittany Gresl, Ph.D. & Andrea Begotka, Ph.D.	HUB 2075
2/21/2025	1:00-2:00 pm	Case Presentation / Group Supervision: Job Talk	Jennifer Vice-Reshel, Ph.D. Facilitator: Kenneth Grizzle, Ph.D.	HUB 2075
2/28/2025	1:00-2:00 pm	DEI: TBD	DEI: TBD	
3/7/2025	1:00-2:00 pm	2:00 Professional Development: Brittany Gresl, Ph.D., AB		HUB 2075

3/14/2025	1:00-2:00	Supervision Series:	Brittany Gresl, Ph.D. &	HUB 2075
3,11,2023	pm	Cultural Diversity in Supervision	Andrea Begotka, Ph.D.	1100 2075
3/21/2025	1:00-2:00 pm	Case Presentation / Group Supervision: Job Talk	Kimberly Brown, Ph.D. Facilitator: Brittany Gresl, Ph.D.	HUB 2075
3/28/2025	1:00-2:00 pm	DEI: TBD		HUB 2075
4/4/2025		SPPAC - No Didactic		
4/11/2025	1:00-2:00 pm	Supervision Series: Planning the First Supervision Session: Panel Discussion	Brittany Gresl, Ph.D. & Andrea Begotka, Ph.D.	HUB 2075
4/18/2025	1:00-2:00 pm	Case Presentation / Group Supervision: Job Talk	Katie Ritchie, Ph.D. Facilitator: Kristin Bingen, Ph.D.	HUB 2075
4/25/2025	1:00-2:00 pm	DEI: Working Against Anti-Fatness	Kate Phelps, Ph.D.	HUB 2075
5/2/2025	1:00-2:00 pm	Professional Development / Wellness: Transition to Faculty: Managing Imposter Syndrome	Katy Sage, Ph.D.	HUB 2075
5/9/2025	1:00-2:00 pm	Professional Development / Wellness: Professional Identity	Jessica Brumm-Larson, Ph.D.	HUB 2075
5/16/2025	1:00-2:00 pm	Case Presentation / Group Supervision: Job Talk	Eliza Godfrey, Ph.D. Facilitator: Tricia Marik, Ph.D.	HUB 2075
5/23/2025	1:00-2:00 pm	DEI: Spiritual and Religious Diversity	Jim Greear, M.Div.	HUB 2075
5/30/2025		Fellow Wellness Time - No Didactic		
6/6/2025	1:00-2:00 pm	Professional Development / Wellness: Thinking about Promotion in Early Career	Kristin Bingen, Ph.D.	HUB 2075
6/13/2025	1:00-2:00 pm	DEI: TBD		HUB 2075
6/20/2025	1:00-2:00 pm	Case Presentation / Group Supervision: Job Talk	Sarah Boeding, Ph.D. Facilitator: Jenny Hoag, Ph.D.	HUB 2075
6/27/2025	1:00-2:00 pm	End of the Year Party ilized as an example		HUB 2075

*2024 schedule to be utilized as an example

Administrative and Academic Activities

Fellows will receive 20% FTE time to be allocated to administrative and academic activities, including time to attend didactics, engage in other educational and professional development activities, and complete a scholarly project.

Competencies and Evaluation

Postdoctoral clinical fellows are evaluated utilizing the <u>Revised Competency Benchmarks in</u> <u>Professional Psychology</u>, a set of 15 core competencies that the APA has identified that trainees should develop before practicing independently. Competencies include:

Professionalism	Relational	Science	Application	Education	Systems
 Professional Values and Attitude Individual and Cultural Diversity Ethical Legal Standards and Policy Reflective Practice/Self- Assessment/ Self-Care 	•Relationship	 Scientific Knowledge and Methods Research/Eval uation 	•Evidence- Based Practice •Assessment •Intervention •Consultation	•Teaching •Supervision	 Inter- disciplinary Systems Advocacy

Fellows will complete a self-assessment at the start of their fellowship and will be evaluated by their track director every 6 months thereafter. Fellows who are not making adequate progress in meeting the core competencies will be placed on a plan of improvement and may be asked to leave the training program.

Supervision

Fellows will receive a minimum of two hours of supervision per week from a licensed psychologist on faculty. Supervision is focused on clinical care, scholarly work, and career development. Additionally, once monthly fellows will have an opportunity to participate in peer supervision facilitated by a faculty psychologist. The purpose of this group supervision is to spend time discussing a variety of issues, while also fostering a sense of community, building relationships, and increasing socialization across the team. The focus is often on emergent interprofessional issues and relevant case discussions.

Fellows are expected to work closely with and provide supervision to other trainees (e.g., practicum students and psychology residents). Twice annually the fellow will facilitate case presentations given by the practicum students. Fellow will also present a didactic seminar to practicum students as part of their training program.

Twice annually the fellow will meet with the Fellowship Training Director. The fellow may use this time to review the overall training program, as well as assess their overall professional development and training goals.

Documentation and Billing

Fellows are expected to complete timely and accurate clinical documentation using Epic, our online medical record system, while following MCW/CW compliance standards and APA ethical and legal standards. All inpatient notes must be completed on the same day of service. Outpatient notes must be completed within 72 hours of the visit date (except for testing reports). All notes should be routed to the appropriate supervisor/cosigner in EPIC. Any notes with safety concerns, CPS reporting, or other serious issues should be written and discussed with your supervisor as soon as possible. By default, all notes are shared with patients and their families unless written as Adolescent Sensitive Note or Safety Note. Speak with your supervisor if you have concerns about where to document any specific concerns.

Child Development: School Performance Track

Program Description

The Center for Child Development (CCD) is a clinic affiliated with MCW and CW. This facility offers comprehensive and multidisciplinary care for children and families, addressing a variety of developmental concerns. The clinics within the CCD include the Multidisciplinary Evaluation Team (MET), Selective Mutism Program, School Performance Program, Autism Clinic and



International Adoption Clinic. These clinics offer a combination of assessment and therapy services. The CCD also includes developmental pediatricians, speech-language pathologists, advanced practice nurse practitioners, nurses, occupational therapists, and physical therapists. Psychology faculty at the CCD are a part of the division of Pediatric Psychology and Developmental Medicine through the Department of Pediatrics. Faculty hold academic positions while maintaining a primarily clinical focus.

The postdoctoral clinical fellowship program in our School Performance Program offers fellows training from a strong academic approach that emphasizes evidence-based treatment within the context of providing complex clinical work in a community mental health outpatient setting. Alongside MCW faculty, our postdoctoral fellows will receive their training and provide direct psychological services at the Center for Child Development.

Training Aims & Objectives

Aims: Provide post-doctoral fellows with advanced training experiences in conducting comprehensive psychological assessments. Clinical activities will include conducting diagnostic evaluations and providing psychotherapy (with possibilities for individual and group) for children and families as well as consultation and liaison services to schools and other community agencies. The fellow will also have opportunities to work collaboratively with medical providers, speech and language pathologists, physical therapists, occupational therapists, and/or dieticians. We strive to provide autonomy to our fellow while also providing regular supervision and support.

Objectives:

- 1) Advance to independent practice level skills in clinical care, including consultation, assessment, and therapeutic intervention.
- 2) Engage in scholarly activities in line with fellow's career goals as appropriate to prepare for independent practice.

Clinical Experiences

The CCD fellow will receive training and supervised experience in therapeutic interventions (e.g., individual and group therapy), psychological testing (e.g., comprehensive psychological evaluations, intake assessments, and parent conferences), and consultation (e.g., to fellow providers, families, and to local agencies/schools). Following a developmentally appropriate, culturally sensitive, and trauma-informed systems approach to client care, fellows develop competencies throughout the training year in order to coordinate and collaborate with several professionals involved in the client's care, including those working in the mental health, medical, academic, and legal domains. CCD has a commitment to "meets clients where they are," which allows providers to tailor their interventions to each client.

Fellows provide short-term and long-term individual and family therapy. Fellows also complete intake services for psychotherapy and psychological testing referrals. In addition, fellows conduct psychological assessments that typically involve interviews with caregivers; interpretation of rating scales from caregivers, teachers, and children; and administration of cognitive, academic, attention-based, developmental, and social-emotional measures. Comprehensive parent conference meetings occur at the conclusion of evaluations. During the course of their training year, fellows also participate on comprehensive and multidisciplinary teams. Fellows also have the opportunity to co-facilitate and develop therapy groups. In addition, fellows will have opportunities to provide consultation with outside providers. Lastly, our fellows develop advanced professional skills in teaching and supervising.

The CCD School Performance Program is staffed by five MCW faculty psychologists on site and four additional psychologists located on the hospital campus. The CCD also has 6 other psychologists on staff, 6 speech-language pathologists, 2 developmental pediatricians, 2 advanced practice nurse practitioners, three nurses, and two occupational therapists. Medical students and residents also complete rotations at the CCD. At our training site, there is a strong collaborative atmosphere and emphasis on interdisciplinary teamwork. Our trainees develop strong working relationships with a number of professionals within the community as well.

• Multidisciplinary Evaluation Team Clinic

The MET is an evaluation program for children with complex developmental problems. We provide comprehensive multi-specialty team evaluations for children, ages 2-6 years old, with difficulties related to one or more of the following:

- Atypical developmental patterns
- Behavior/Adjustment problems
- Communication delays and disorders

Multi-Specialty Team includes:

- Developmental Pediatrician
- Pediatric Psychologist
- Speech/Language Pathologist

Services Provided:

- Family-centered, coordinated diagnostic evaluations by the multi-specialty team
- Recommendations regarding treatment and educational programs
- Parent education about diagnosis, intervention, and prognosis
- Referral to other specialists as needed (e.g., audiology, child psychiatry, genetics, neurology, ophthalmology)
- Follow-up evaluations to monitor child's progress

• Selective Mutism Program

The Selective Mutism Program provides assessment, individual therapy, group therapy, parent consultation, and school consultation/training supports for children with selective mutism and social anxiety disorder.

• School Performance Program

The School Performance Program provides comprehensive evaluations and diagnosis for a variety of problems that can affect a child's school performance. This multidisciplinary clinic is designed to meet the diagnostic and treatment needs of children with a variety of conditions that affect interpersonal, academic, social, emotional, behavioral and family well-being.

Some diagnoses that may be appropriate for referral to the School Performance Program include:

- Learning disabilities and related academic and psychosocial difficulties
- Attention Deficit/Hyperactivity Disorder (ADHD)
- Children with medical and genetic disorders affecting school performance Services include:
 - Comprehensive diagnostic evaluations and treatment recommendations
 - Developmental, behavioral and related medical and psychiatric needs assessments

Direct interventions include:

- Individual therapy
- Family therapy
- Medication management

Treatment components are multifaceted and designed to meet the needs of each child and family. Parent training and education is offered for families of children with ADHD/ODD. Therapy for individual families and their child is also available. Contact with school personnel, as needed, is available. Where appropriate, medication management of developmental and psychiatric conditions is available.

• International Adoption Clinic

The International Adoption Clinic (IAC) offers services to families adopting children from outside the United States, many of whom may have medical or developmental needs. Only a few such programs are offered throughout the country and no other exists in Wisconsin.

The clinic provides:

- Pre-adoption medical record review: a medical specialist in our clinic is available to review medical records, photos, videos, and other health care history on children currently living overseas.
- Pre-adoption psychosocial consultation: a psychologist is available to discuss potential developmental or behavioral questions that families may have regarding a particular child or the transition to parenthood in general. Our psychologist works with families to provide special consideration to the needs of children coming from international foster care or orphanages.
- Post-adoption developmental assessment and follow-up: After the excitement and confusion of the initial phase of adoption, the child and family begin establishing their new lives together. For most children, this involves learning and adapting to many new experiences. The staff supports the family throughout this critical and exciting time. Follow-up visits over the first year of adoption are encouraged. Developmental assessments of the child and overall family adjustment becomes the main focus of the visits. Evaluation and therapeutic intervention also is available for older internationally adopted children if there is a concern about health, behavior or development.

• Autism Clinic

The autism team is comprised of multiple specialized service providers who can assist the family in a number of different ways. From completing an autism diagnostic evaluation, to caring and supporting the family through the 'autism journey' and during major childhood transitions, to helping the child and their caregivers advocate for services and resources to support future growth and development, the autism team is here to serve families. Team members include developmental-behavioral pediatricians, pediatric psychologists, advance practice providers, clinical nurse specialists, speech and language therapists, occupational therapists, physical therapists, dieticians, and if desired, research personnel.

Sample Schedule

Fellows average 40 hours per week for about 51 weeks (2,000 fellowship hours total)

- a. 15 -20 Hours/Week: Direct Clinical Service (Face-to-Face; Telehealth)
 - a. 5-10 Individual and/or Family Psychotherapy cases included in a weekly template
 - b. 1 to 2 evaluations per week throughout the year

- c. Case Management (ongoing)
- d. Consultation related to cases
- e. Group Therapy Co-Facilitator (for clients and/or caregivers)
- b. 10 -14 Hours/Week: Indirect Clinical Service (Not Face-to-Face)
 - a. Psychological Testing (scoring, interpretation, report writing)
 - b. Case Management, Consultation, and Family Collateral Services (via phone)
 - c. Clinical Documentation (progress notes)
- c. 3-5 Hours/Week: Indirect Service
 - a. 1 to 2 hours: Training Seminars/Didactics/Case Conferences
 - b. 2 to 3 hours: Non-billable services (i.e., documentation, managing appointments, emails, literature reviews, administrative duties)
 - c. 2 hours/month: Staff meetings
- d. 2-3 Hours/Week: Supervision
 - a. 1 hours: Individual Primary Therapy Supervision
 - b. 1 hour: Individual Assessment Supervision
 - c. 1-1.5 hours: Psychology Team Group Supervision; Clinical Group Supervision
- e. Additional Fellow Training Activities
 - a. Lateral Supervision of Doctoral Interns or Practicum Students (based on interest)
 - b. Teaching and Presentations (based on interest)
 - c. Department Grand Rounds and Other Training Activities (based on interest)
 - d. Participate in Faculty's Research Opportunities (based on availability)

Because the post-doctoral clinical fellows are balancing their direct clinical service with several hours' worth of supervision, seminars, didactics, and case conferences each week, they must work to successfully meet educational program requirements: which includes 2 evaluations per week (intake, testing, parent conference) and roughly 5-10 therapy visits per week (dependent on involvement in group opportunities).

Training Program Faculty

Brittany Bice-Urbach, PhD Associate Professor Track Director bbiceurbach@mcw.edu

Kenneth Grizzle, PhD Associate Professor kgrizzle@mcw.edu

Jamie Roberts, PsyD	Sarah Rysdyk, PsyD
Assistant Professor	Assistant Professor
jaroberts@mcw.edu	srysdyk@mcw.edu

Location

The Center for Child Development is located at 1250 North 113th St., Suite 200 in Wauwatosa, WI.

Child Development: Autism and Developmental Disorders Track

Program Description

The Autism Clinic is a multidisciplinary team housed within the Division of Pediatric Psychology and Developmental Medicine at the Center for Child Development. Team members include developmental-behavioral pediatricians, psychologists, advance practice providers, clinical nurse specialists, speech and language therapists, occupational therapists, physical therapists, and dieticians. The Autism Clinic provides autism spectrum disorder diagnostic evaluations, as well as therapy services for children and adolescents on the autism spectrum. Treatment modalities currently offered by providers within the Autism Clinic include behavioral parent training (e.g., Parent-Child Interaction Therapy), cognitive behavioral therapy, and group-based social skills training (e.g., PEERS).

Fellows in this clinic will provide diagnostic evaluations for children and adolescents referred for possible autism spectrum disorder. Fellows will also provide individual and/or group therapy for autistic children, adolescents, and their family members for a variety of presenting concerns, including anxiety, depression, and challenging behaviors. Opportunities exist for fellows to work with children from ages 0 to 18 depending on their area of interest. Flexibility also exists in determining the balance of assessment and therapy hours in the fellow's caseload based on interest, as well as to specialize in specific presenting concerns (e.g., challenging behaviors).

Training Aims & Objectives

Aim: Provide post-doctoral fellows with advanced training experiences in conducting autism services. Clinical activities will include conducting diagnostic evaluations and providing psychotherapy (with possibilities for individual and group) for children and affected families as well as consultation and liaison services to schools and other community agencies. The fellow will also have opportunities to work collaboratively with medical providers, speech and language pathologists, physical therapists, occupational therapists, and/or dieticians. We strive to provide autonomy to our fellow while also providing regular supervision and support.

Objectives:

- 1) Advance to independent practice level skills in clinical care, including consultation, assessment, and therapeutic intervention.
- 2) Engage in scholarly activities in line with fellow's career goals as appropriate to prepare for independent practice.

Clinical Experiences

• Autism Clinic

The autism team is comprised of multiple specialized service providers who can assist the family in a number of different ways. From completing an autism diagnostic evaluation, to caring and supporting the family through the 'autism journey' and during major childhood transitions, to helping the child and their caregivers advocate for services and resources to support future growth and development, the autism team is here to serve families. Team members include developmental-behavioral pediatricians, pediatric psychologists, advance practice providers, clinical nurse specialists, speech and language therapists, occupational therapists, physical therapists, dieticians, and if desired, research personnel.

Sample Schedule

Fellows have the ability to arrange their clinical practice schedule to align to their needs, and schedules may vary based on development and specific clinical opportunities available. Modifications to clinical expectations are available for a fellow seeking a solely diagnostic training experience. Within a week the fellow's schedule may contain the following activities:

- 2 hours clinical supervision
- 3-4 autism-focused assessments
- Patient intakes and parent conferences associated with assessments
- Approximately 4 weekly psychotherapy cases/behavioral parent trainings
- Based on fellow interest, opportunities to facilitate social skills groups throughout the year
- 1 hour Autism Team meeting
- 1-2 hours didactic training
- Time for notes, report writing, and follow-up clinical care

Absences

Training Program Faculty and Staff

Brittany Bice-Urbach, PhD	Erin Long, PhD
Associate Professor	Assistant Professor
Track Director	elong@mcw.edu
Bbiceurbach@mcw.edu	

Kelsey Gonring, PhD	Jessica Foley, PhD
Assistant Professor	Assistant Professor
kgonring@mcw.edu	jfoley@mcw.edu

Location

The Center for Child Development is located at 1250 North 113th St., Suite 200 in Wauwatosa, WI.

Health Psychology: Adherence Track

Program Description

The Adherence Fellowship is a 1-year pediatric psychology postdoctoral training experience, which will include provision of health psychology services to pediatric populations in a variety of settings. Anticipated clinical experiences include providing services within an outpatient health psychology clinic, multidisciplinary specialty clinics, and an inpatient pediatric hospital setting. It is expected that the fellow will have opportunities to provide services for pediatric patients with various medical conditions, including those followed by pulmonary, endocrine, cardiac, renal, and nephrology medical services. Focus on interventions is anticipated to be related to challenges adhering to medical regimens and coping with medical conditions, though may include questions about general emotional and behavioral concerns as well. The fellow will work closely with interdisciplinary teams across these settings. Supervision will be provided by licensed psychologists who are on faculty at Medical College of Wisconsin. Opportunities may be available for program development and/or to engage in teaching/supervision.

Training Aims & Objectives

Aim: To provide post-doctoral clinical fellows with advanced training experiences in providing clinical care across a variety of presenting problems and models of service delivery within a medical setting. We strive to provide autonomy to our fellow while also providing regular supervision and support.

Objectives:

- Advance to independent practice level skills in clinical care, including consultation, assessment, and therapeutic intervention.
- Gain experience related to training and education of other psychology trainees or medical colleagues as appropriate

Clinical Experiences

• Inpatient consultation/liaison (C/L) service

The fellow will spend one day per week completing new consults for medically hospitalized children, adolescents and their families at Children's Wisconsin. Fellows will conduct health and behavior assessments at the bedside and follow patients who remain hospitalized for ongoing intervention throughout the work week. Common referral questions include assessment and intervention around acute trauma symptoms, difficulties coping with hospital setting, adherence to treatment regimen, and adjustment to new diagnosis.

• Multidisciplinary specialty clinics

The fellow will gain experience working as a part of a multidisciplinary team in at least one of the following clinics:

 Asthma PLUS Clinic – patients with difficulty controlling their asthma symptoms are seen in multidisciplinary clinic by asthma or allergy provider, psychology provider, nurse clinician, medical social worker, and respiratory therapist through CHAMP (Community Health Asthma Management Program) Supervisor: Dr. Marik

- REACH Clinic- patients with difficulty managing their diabetes regimen are seen in multidisciplinary clinic by endocrine provider, psychology provider, diabetes nurse clinician, medical social worker, and dietician. Supervisor: Dr. Gonring
- Opportunities to work with patients as part of multidisciplinary clinics for kidney, liver and heart transplant patients will also be available. Supervisors: Dr. Molior and Dr. Aguilera
- Additional possible clinic experiences:
 - Dual Provider Diabetes Clinic REACH clinic patients in need of more intensive mental health intervention can be seen by psychology fellow and diabetes RN for coordinated care. Patients are offered 12-session course of therapy (supervisor: Dr. Gonring)
 - Cystic Fibrosis Clinic opportunities to participate in multidisciplinary clinic for patients with cystic fibrosis may be available (supervisor: Dr. LeNoble)
 - Peritoneal Dialysis Clinic opportunities may be available to participate in Tuesday morning clinic for patients on peritoneal dialysis (supervisor: Dr. Molitor)

• Outpatient health psychology clinic

The fellow will work with pediatric psychology outpatients to address issues relevant to coping with a chronic medical condition and challenges adhering to a medical regimen. Referrals are anticipated from a variety of services and will likely include pulmonology, diabetes, and transplant patients.

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Liver/kidney/ cardiac clinics PRN transplant evals	Inpatient rounding	Kidney/liver/ cardiac clinics Inpatient rounding	Asthma PLUS clinic (2nd and 3rd weeks)	On call for CL [REACH Clinic (2nd Friday)]
РМ	Inpatient rounding CL meeting	Health psychology outpatients	Dual provider diabetes clinic	REACH clinic (4th week)	CL

Sample Schedule

This schedule is designed to serve as a general example of clinical experiences that might occur throughout the week. Experiences will vary based on patient and supervisor schedules. It is expected that the fellow will complete inpatient follow-ups/rounding on the patients they are following throughout the week, based on patient needs. Outpatient appointments may be dispersed and scheduled throughout the week as well, depending on fellow availability.

Absences/Vacation

When a fellow requests leave from the C/L rotation, they should email the CL psychologists to request the day off and determine a covering provider. The fellow may switch call days with another provider, providing a CL psychologist is available to supervise. Days off should be added to the Outlook calendar of the CL providers by scheduling a meeting from 8:00 am - 8:30 am the day of the requested day off, indicating the fellow will be out and who is covering (if applicable). If a fellow requires leave due to illness or another form of short-notice leave, they should send an email to all rotation supervisors about the leave. When possible, residents should send the email before the start of the call day (8:00 AM).

Training Program Faculty

Jenni LeNoble, PhD Assistant Professor Track Director Areas of supervision: CL, cystic fibrosis <u>ilenoble@mcw.edu</u>

Vanessa Aguilera, PsyD Assistant Professor Areas of supervision: Cardiology vaguilera@mcw.edu

Sam Everhart, PhD Assistant Professor Areas of supervision: CL, Eating Disorders severhart@mcw.edu Patricia Marik, PsyD Assistant Professor Areas of supervision: Asthma PLUS, CL pmarik@childrenswi.org

Stephen Molitor, PhD Assistant Professor Areas of supervision: organ transplant, CL <u>smolitor@mcw.edu</u>

Jacquelyn Smith, PhD Assistant Professor Areas of supervision: PBMPC, CL jsmith@childrenswi.org

Kelsey Gonring, PhD Assistant Professor Areas of supervision: REACH clinic, Dual Diabetes clinic kgonring@mcw.edu

Location

The adherence fellow office is in the Health Psychology suite on the 7th floor of the Clinics Building. All clinical experiences for the adherence fellow take place on the Main Campus of Children's Wisconsin (8915 W. Connell Ct, Milwaukee, WI). Each of the clinical practice locations are connected to one another and accessible through the interiors of the buildings and/or skywalks.

The Psychology CL service operates within the children's hospital. Consults are received from multiple hospital floors and units. Multidisciplinary clinics (including REACH and Asthma PLUS clinics) are located on the 2nd floor of the Craig Yubuki Tower.

Health Psychology: Functional Disorders Track

Program Description

This 1-year Functional Disorders fellowship is focused on providing specialized clinical and scholarly experiences in the Jane B. Pettit Pain and Headache Center and the Pediatric Gastroenterology, Liver and Nutrition Division at Children's Wisconsin. Fellows provide outpatient clinical care to a diverse population of patients and families presenting with a range of functional disorders.

Training Aims & Objectives

Aims: To provide post-doctoral clinical fellows with advanced training experiences in providing clinical care to youth with pediatric functional disorders and their families, conducting clinical research, and providing education and supervision within the field of pediatric psychology. We strive to help our fellow to function independently within the context of multidisciplinary teams (pain and gastrointestinal (GI)) while also providing regular supervision and support.

Objectives:

- 1) Advance to independent practice level skills in clinical care, including consultation, assessment, and therapeutic intervention to youth with functional disorders and their families.
- 2) Fellows will complete a scholarly project as a component of their training.
- 3) Provide education, supervision, and outreach to medical and psychology trainees, associated faculty and staff, and community partners (e.g., schools, community providers).

Clinical Experiences

The fellowship is designed primarily as a clinical experience with fellows spending 80% of their time in direct service clinical activities. Fellows will provide clinical assessment of and psychotherapy to children and families and provide consultation and liaison services to schools and other community agencies. The fellow will also participate in several interdisciplinary clinics and clinical opportunities in the Chronic Pain and Headache Clinics, Comfort Ability Program (CAP) workshops, Functional GI Disorders Clinic, and the Elimination Disorders Clinic. The fellow will provide direct care to patients and families in outpatient settings and will collaborate closely with the multi- and interdisciplinary teams.

Administrative and Academic Time

Under the guidance of Dr. Keri Hainsworth, Research Director of the Jane B. Pettit Pain and Headache Center, fellows will be expected to develop a scholarly project with a faculty mentor/s to be completed by the end of the training year. At the end of the training year, fellows will have the opportunity to present the results of the project internally for feedback from peers and faculty and to demonstrate entry level practice research competency.

Sample Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
A.M.	Multidisciplinary	GI	Multidisciplinary	Functional	Admin/Academic Time
	Pain and	outpatients	Pain and	GI	*Comfort Ability
	Headache		Headache	Disorders	workshop
	Intakes		Intakes	Clinic	
P.M.	Pain outpatients	Elimination	Pain outpatients	Functional	Admin/Academic Time
		Disorders		GI	*Comfort Ability
		Clinic		Disorders	workshop
				Clinic	

*CAP workshops are typically scheduled 6 times throughout the year, mostly on Fridays. Fellows are expected to help facilitate at least 3 workshops/year.

Absences/Vacation

Pain – For any scheduling requests (vacation, conferences), please complete a schedule modification form (Q drive à Pain & Headache Clinic à Schedule Modification Form) and email to Jill Wenzel, Dr. Weisman, and Dr. Kapke. Please provide as much notice as possible to avoid rescheduling patients. A minimum of 6 weeks is expected.

Sick days

For any unexpected absences including illness, please Voalte or text Dr. Kapke (262-389-5736) and Dr. Gresl (262-308-0693) at your earliest convenience, as well as the primary Pain or GI supervisor that day (Dr. Gremillion (504-799-98892) or Dr. Begotka (414-758-9059)). We will work with our scheduling team to cancel or reschedule your patients as needed.

Training Program Faculty

Name	Position	Name	Position
Theresa Kapke, PhD	Track Co-Director – Pain Assistant Professor Primary Pain Supervisor <u>tkapke@mcw.edu</u>	Brittany Gresl, PhD, ABPP	Track Co-Director - GI Assistant Professor Primary GI Supervisor <u>bgresl@mcw.edu</u>



Additional Contacts

Pain Contacts

- Dr. Steve Weisman Medical Director, Jane B. Pettit Pain & Headache Center
- Dr. Stacy Peterson Medical provider, Jane B. Pettit Pain & Headache Center
- Dr. Lynn Rusy Medical provider, Jane B. Pettit Pain & Headache Center
- Michelle Czarnecki, APNP Medical provider, Jane B. Pettit Pain & Headache Center
- Maddy Pelky, APNP Medical provider, Jane B. Pettit Pain & Headache Center
- Andrea Rohach, APNP Medical provider, Jane B. Pettit Pain & Headache Center
- Kevin Berridge, MS Clinical Research Coordinator, CAP Coordinator
- Jill Wenzel Jane B. Pettit Pain & Headache Center Clinic Manager & IHP Coordinator

Recommended Resources and Referral Information

Comfort Ability Program (CAP) – CAP is designed for kids and teens ages 10-17 who have recurring symptoms such as chronic pain, nausea, dizziness, fatigue and muscle weakness and their parents or caregivers. Pain psychology workshop (one-day, 6-hour workshop) appropriate for kids ages 10 – 17 and one of their parents/caregivers. Email <u>comfortability@mcw.edu</u> to add a family to the waitling list, and our CAP Coordinator will reach out to schedule them for an upcoming workshop.

Integrated Healing Program (IHP) – The Integrated Healing Program (IHP) is an intensive outpatient program (IOP) that was developed by faculty and staff from Rogers Behavioral Health and the Pain Clinic to serve teenagers who are struggling with debilitating pain and related functional disorders and their families. The IHP treats teens holistically by addressing their physical, emotional and social needs. To refer individuals to IHP, they typically completed an IHP evaluation by a medical provider and psychology provider in the Pain Clinic. Referrals can be placed directly through Epic. Upon completion of the referral in Epic, please staff message Dr. Kim Anderson Khan, Dr. Steve Weisman, Jill Wenzel, Heidi Delany, Mary Lyn Wagner, and Nicole Corchado (cc the Pain Clinic medical provider who is established with the patient) with more details about the referral.

Children's Wisconsin Mental & Behavioral Health Navigators – In situations where patients are in need of establishing with CW Psychiatry for medication management, therapy, or testing, please place referral to CW Psychiatry in Epic, and an *Access Navigator* will reach out to family. In situations where patients and their families are in need of additional services (i.e., external referrals, assistance with transition to HLOC, caregiver referrals, etc.), please place referral to CW Psychiatry".

Recommended Reading and Resources

Children's Health and Illness Recovery Program (CHIRP): Clinician Guide Treating Somatic Symptoms in Children and Adolescents When Your Child Hurts When Children Feel Pain The Pain Management Workbook The Chronic Pain and Illness Workbook for Teens Get Out of Your Mind & Into Your Life for Teens Helping Schoolchildren with Chronic Health Conditions - A Practical Guide Managing Your Child's Chronic Pain Why Zebras Don't Get Ulcers Conquering Your Child's Chronic Pain

Additional Reading and Resources

Don't Let your Emotions Run your Life For Teens Relaxation and Stress Reduction Workbook Relaxation and Stress Reduction Workbook (For Kids) Freeing Your Child From Anxiety Website Resources The Comfort Ability Website

Pediatric Pain Specific Resources <u>Pain Resource Center</u> - Helpful guide for families <u>Teach Pain School Resources</u> - Informational website for teachers and school staff regarding chronic pain <u>Pain Bytes</u>

General Pediatric Health American Academy of Pediatrics Kids Health Society for Developmental and Behavioral Pediatrics National Sleep Foundation

Health Psychology: Hematology, Oncology, & Blood and Marrow Transplant (BMT) Track

Program Description

The 1- or 2-year fellowship in Pediatric Hematology, Oncology, Blood & Marrow Transplant provides an opportunity to receive specialized training in the care of children, adolescents, and young adults with hematological and oncologic disorders in a program where Psychology is a long-standing, highly respected, and embedded service. Fellows are exposed to a breadth of medical and mental health diagnoses and presenting problems, while also receiving the requisite training to develop an expertise in working with



this population. Fellows are invited to function as a psychologist-in-training within the supportive and collaborative Pediatric Psychology team. This includes three faculty psychologists, a rotating psychology resident, and an advanced practicum student. The fellow also works closely with the psychosocial team embedded within hematology, oncology, and BMT.

The Hematology/Oncology/BMT service primarily operates within the MACC Fund Center, a 24bed inpatient unit, day hospital, and outpatient clinic. Annually, the service provides care for approximately 200 newly diagnosed oncology patients, 400 patients with sickle cell disease, and 30 patients who undergo a BMT. The hospital routinely provides care to children from Wisconsin, Michigan, and Illinois.

Training Aims & Objectives

Aims: To provide post-doctoral clinical fellows with advanced training experiences in providing clinical care, conducting research, and leading program development efforts within the context of children, adolescents, and young adults with cancer and blood disorders and their families. We strive to provide autonomy to our fellow while also providing regular supervision and support.

Objectives:

- 1) Advance to independent practice level skills in clinical care, including consultation, assessment, and therapeutic intervention.
- 2) Complete a research (two-year option) or QI/review (one-year option) project.
- 3) Provide education, supervision, and outreach to medical trainees, psychology trainees, associated faculty and staff, and community partners.

Clinical Experiences

Our fellowship provides extensive supervised clinical experience with pediatric, adolescent, and young adult hematology, oncology, and BMT patients and their families, including: psychological assessment and psychotherapy, pre-BMT readiness evaluations, neurocognitive assessment for late effects of cancer treatment and to screen for neurocognitive functioning in the sickle cell population, and consultation/liaison with staff, schools, and community agencies. The fellow provides continuity of care to patients across inpatient and outpatient settings and collaborates closely within the broader multidisciplinary and psychosocial team. The fellow participates in the following multidisciplinary clinics:

• Comprehensive Leukemia Clinic

This monthly clinic allows children diagnosed with leukemia to be evaluated by specialists at key points in their treatment. Common issues include parenting practices post-diagnosis, healthy sleep, and normative emotional reactions to treatment.

• Bridge to Next Steps

This 2-visit clinic with a medical provider and psychology occurs around the time of transition off active therapy with a goal to increase patient and family understanding of the plan of care as they enter survivorship. Psychological assessment focuses on socioemotional and academic/vocational functioning in survivorship, providing anticipatory guidance and recommendations for positive adjustment.

• Next Steps Survivorship Clinic

This biweekly clinic offers specialized care to monitor and manage possible late effects of treatment for survivors who are at least two years from pediatric cancer treatment or BMT. The role of psychology is to assess for and provide education around neurocognitive functioning and social and emotional health.

• Comprehensive Sickle Cell Disease Clinic

This clinic provides annual assessment of psychosocial functioning in patients with sickle cell disease in conjunction with hematologists and several other disciplines. Common issues addressed include pain management, medication adherence, and school performance. In addition, developmental and neurocognitive screeners are provided to assess for disease-related deficits in neurodevelopment.

• Comprehensive Hemophilia Clinic

This clinic follows pediatric, adolescent, and young adult patients with hemophilia and other bleeding disorders. The role of psychology is to broadly assess issues surrounding medication adherence, activity restrictions, social-emotional well-being, and transition of care. Collaborations include medical providers, social work, physical therapy, and genetic counseling.

• Cancer Predisposition Clinic

This weekly clinic offers specialized training in the management of cancer predisposition diagnoses in patients both with a personal history of cancer as well as those who are generally healthy. Patients generally undergo genetic testing and screening to monitor for an increased risk of developing cancer. The team consists of an attending physician,

physician assistant, two genetic counselors, and a nurse coordinator. The role of psychology is to assess social and emotional health needs, readiness to undergo genetic testing, anticipatory guidance related to medical screening, and emotional support for patients and families, many of whom have had a personal or family history of cancer and loss.

Research & Academic Experience

Fellows on the two-year track are provided 20% protected time to assist in program development and coordination of research focused on the psychosocial functioning of children, adolescents, and young adults with cancer and other blood disorders. The fellow will also participate in other behavioral health research projects. There is opportunity to pursue an independent research project in the second year of fellowship.

	Monday	Tuesday	Wednesday	Thursday	Friday
8-8:30			Oncology Business Meeting (Zoom)		Grand Rounds
8:30 – 9	Innotiont Dounds	Psychosocial Rounds	Neuro-oncology Staffing (In person)	Fellow Supervision	
9 – 9:30	Inpatient Rounds (Onc/BMT) & Hem				
9:30 - 10	Clinic	Evaluations,	Cancer		Evaluations,
10-10:30	Child	Assessments or	Predisposition Clinic	Documentation	Assessments or
10:30-11		Report Writing		Time	Report Writing
11-11:30	Lunch	Lunch		Sickle Cell Staffing	
11:30-12	Editori	Editeri	Lunch	(Zoom)	
12-12:30			Medical Fellow	Lunch	Lunch
12:30 – 1	Resident Supervision	Psychology Research	Didactics		
	Resident Supervision	Meeting	OR		
			Brain Tumor Board		
1-1:30	Hemophilia Staffing	Practicum Student			
1:30 - 2	nemophila starting	Supervision	Sickle Cell Clinic	Documentation	
2 – 2:30		Consults or Inpatient		Time	Outpatient Visits
2:30 - 3		Visits	OR		
3 – 3:30	Consults or Inpatient			Consults or	
	Visits	Outpatient	Next Steps	Inpatient Visits	
3:30 - 4		Visits	Survivorship Clinic		Documentation
				Outpatient Visits	Time

Sample Schedule

Absences

For any unexpected absences including illness, please Voalte or text Dr. Hoag (414-202-6394) and Dr. Karst (406-450-3207) at your earliest convenience. We will work with our scheduling team to cancel or reschedule your patients as needed. For our immune compromised patient population, there may be days where you feel well enough to work but are concerned about safety seeing patients. We will work with you to determine appropriate precautions in these instances.

Training Program Faculty and Staff

Kristin Bingen, PhD	Professor of Pediatrics Hem/Onc/BMT Psychology Director (414)337-3527 kbingen@mcw.edu	Jenny Hoag, PhD	Associate Professor of Pediatrics Fellowship Director (414)337-3523 jhoag@mcw.edu
Jeffrey Karst, PhD	Associate Professor of Pediatrics (414)337-3526 jkarst@mcw.edu	Meghan Miller, MA	Clinical Neuropsychometrist & Clinical Program Coordinator (414)337-3543 megmiller@mcw.edu

Additional Contacts

Child Life

Jill Hyatt (Outpatient, Day Hospital) - x63062 TBD (Inpatient) - x62972 *Social Work* Sheila Dodds (Onc/BMT) - x62563 Michelle Honeck (Onc/BMT) - x62992 Nicole Barnes (Hematology) - x308-4470 *Palliative/Quality of Life* Laurie Good, APNP *Survivorship Community Coordinator* Jocelyn Morin Recreational Therapy Ann Freigang Teachers Teresa Beronja (JK-5) Mike Trocchio (6-12) Susan Osman (6-12) Chaplain Chadd Huizenga Sickle Cell Community Navigator Barbara Bell Creative Arts Therapy Rachel Pahng (Art Therapist) Caitlin Taylor (Music Therapist)

Jesse Borowski – E5 Patient Care Director Carrie Orlebeke – Ambulatory Director E5 HOT Unit – x63050, Clinic Front Desk – x62421, Day Hospital – x63630 Schedulers – x61639 or Voalte Stephanie O'Dell or Theresa Thorstenson

Disease-Based Teams

Leukemia/Lymphoma		Bone Marrow Transplant		
Physicians		Physicians		
Mike Burke (Program Director)		Julie Talano (Program Director		
Paul Harker-Murray Zach Graff		Dave Margolis Sridhar Rao		
Rich Tower	Cindy Schwartz	Amy Moskop	Larisa Broglie	
<u>APPs</u>		Kristin Page	Rachel Phelan	
JoJo Gruber	Meg Wegter	<u>APPs</u>		
Arica Christensen	Maddie Titus	Lynnette Anderson	Kellyn Munson	
Nurse Coordinators (>	<u>(43999)</u>	Miranda Gries	Elizabeth Thieleke	
Kristen Siewert	Bonnie Rydelski	Nurse Coordinators	(x64850)	
Jeannette Schulz	Anna Lok	Bo Buchman	Heather Seager	
CNS Tumor		Solid Tumor		
<u>Physicians</u>		<u>Physicians</u>		
Ryuma Tanaka (Progr	am Director)	Kerri Becktell	Nate Schloemer	
Sarah Rumler		Matt Kudek	Angela Steineck	
<u>APPs</u>		Peter Shaw		
Candice Smith		<u>APPs</u>		
Nurse Coordinators (>	<u>(63673)</u>	Kristen Slusar	Katie Robbins	
Suzanne Novak		Nurse Coordinators (x63699)		
Jamie Stecker		Renee Harteau	Kelly Felske	
		Kelly Pergande		
Sickle Cell		Hematology		
<u>Physicians</u>		Physicians		
Amanda Brandow (Pr		Lynn Malec (Program Director)		
	Melissa Azul	Veronica Flood Brian Branchford		
<u>APPs</u>		Rowena Punzalan		
Hillary McCown		<u>APPs</u>		
Nurse Coordinator (x	<u>62029)</u>	Mary Laus	Elizabeth Andekian	
Nidra Moore		Nurse Coordinator (x62029)		
		Sandy Steffes		
APP – Generalist/Day Hospital		Survivorship		
Katie Casper		<u>Physicians</u>		
Amy Newman		Rachel Phelan (Program Director)		
Alli Grady		Angela Steineck Cindy Schwartz		
Jeff Campbell		<u>APPs</u>		
Val Lohse		Deb Schmidt	Lynnette Anderson	
		Nurse Coordinator (x40027)		
		Julie Nichols		

Recommended Reading & Resources

Journal Articles

- o Psychosocial Standards of Care
- o Psychosocial Functioning in Pediatric Cancer
- o Psychosocial Treatment of Pain in Sickle Cell Disease
- o Management of Acute and Chronic Pain in Sickle Cell Disease

Websites

- o <u>Cancer.net</u>
- o Children's Oncology Group (COG) Patient and Family Guide
- o COG AYA Guide
- o AYA Cancer Program
- o <u>BMT InfoNet</u>
- o Patient Education: BMT

Books

- o Chemo, Craziness, and Comfort
- o Educating the Child with Cancer
- o When Your Child is Sick
- o Pediatric Psycho-Oncology

Referrals/Resources

- o Children's Wisconsin Mental & Behavioral Health Navigators
- o Craig Yabuki Walk-In Clinic
- o Rogers Behavioral Health

Established

- Single Crisis Line for Adults and Youth 414-257-7222 (effective October 2022)
- Crisis Mobile Services Integrated Adult & Youth Mobile (see Crisis Mobile Scope of Services); CART Teams
- BHS Enrollment Verification Line 414-257-5200 (7:30 am-11:00 pm, 7 days/week)

BHS - FQHC Access Clinics

- 16th Street-National Avenue, Outreach-210 E. Capitol Drive, Progressive-Lisbon Ave.
- Crisis Resource Centers / Youth Crisis Stabilization Facilities

-Adult:

- North, 5409 W. Villard Ave, 414-539-4024
- West, 5566 N. 69th St., 414-290-9730
- South, 2057 S. 14th St., 414-643-8778
- -Youth / boys and girls; 414-931-9286

Under Development / Future Direction

- Single Crisis Line 414-257-7222
- Crisis Mobile Services Expanded capacity in community, number of teams contingent on staff recruitment/retention
- BHS Enrollment Verification Line 414-257-5200 (7:30 am-11:00 pm, 7 days/week)
- BHS FQHC Access Clinics
 16th Street, Outreach, Progressive, and MHSI-
- Silver Spring (expected 11/2022)
 Crisis Resource Centers / Youth Crisis
 Stabilization Facilities

- Adult:

- North, 5409 W. Villard Ave, 414-539-4024
- West, 5566 W. 69th St., 414-290-9730
- South, 2057 S. 14th St., 414-643-8778
- Youth / boys and girls: 414-931-9286

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Health Psychology: Adolescent Health Track

Program Description

The Adolescent Health Fellowship is a 1-year pediatric psychology postdoctoral training experience, which includes provision of health psychology services to the pediatric eating disorder population across inpatient and outpatient settings, and to the gender diverse population in an outpatient setting. Clinical experiences include providing services within an adolescent medicine clinic, gender health clinic, outpatient therapy clinic, and an inpatient pediatric hospital setting. The fellow will have the opportunity to provide services for pediatric patients with various comorbid medical and mental health conditions such as GI and functional presentations, anxiety, depression, autism, and OCD. Within the ambulatory adolescent medicine clinic and inpatient medical stabilization unit, services are primarily consultative and targeted. The fellow will have the opportunity to provide longer-term therapy with evidence-based approaches (i.e., family-based treatment, enhanced cognitive behavioral therapy, cognitive behavior therapy for ARFID). The fellow will work closely with interdisciplinary teams across these settings. Supervision will be provided by licensed psychologists who are on faculty at Medical College of Wisconsin. Opportunities may be available for program development and/or to engage in teaching/supervision.

Training Aims & Objectives

Aim: Provide post-doctoral fellows with advanced training experiences in providing clinical care to patients with eating disorders, gender diverse youth, and families in a medical setting. We strive to provide autonomy to our fellow while also providing regular supervision and support.

Objectives:

- 1) Advance to independent practice level skills in clinical care, including consultation, assessment, and therapeutic intervention.
- 2) Gain experience related to training and education of other psychology trainees or medical colleagues as appropriate.

Clinical Experiences

• Inpatient consultation/liaison (C/L) service

The fellow will spend two days per week completing new consults and follow-ups for medically hospitalized children, adolescents, and their families at Children's Wisconsin. Fellows will conduct psychiatric diagnostic assessments at the bedside and follow patients who remain hospitalized for ongoing intervention throughout the work week. Most commonly, consults are for patients with presumed eating disorder symptoms who require the inpatient structured eating disorder guideline. On occasion, a consult will be placed for a patient in need of diagnostic clarity and outside resources or referrals for those patients with eating disorder symptoms but who do not require medical stabilization.

• Multidisciplinary specialty clinics

- 0
- Adolescent Medicine Clinic Patients with disordered eating and associated medical complications or risks are seen within the multidisciplinary adolescent medicine clinic. Specialists include a nurse practitioner, dietitian, social worker, and psychology.
- Gender Health Clinic is one of only 2 programs in the state of Wisconsin to provide hormonal medical interventions for gender diverse youth. The fellow will participate in one multidisciplinary clinic a month, where they will see new patients for initial assessment. They will also have opportunities to provide ongoing therapy to gender diverse youth who may be exploring gender identity, discussing readiness for medical interventions, or stabilizing co-morbid behavioral health diagnoses such as depression and anxiety using empirically supported interventions. The fellow can expect to gain a deeper understanding of gender diverse populations through their work with patients, families, and collaborating disciplines.
- **Outpatient therapy clinic** The fellow will work with pediatric outpatients and their families who present with adolescent health related concerns, including the need for gender affirming care or eating disorder treatment. Caseload can be tailored based on the fellow's interest.

	Monday	Tuesday	Wednesday	Thursday	Friday
am	Inpatient EDO CL	Adolescent medicine clinic Gender health clinic 1x/month	Adolescent medicine clinic	Adolescent medicine clinic	Inpatient EDO CL
pm	Inpatient EDO CL CL meeting (2- 3pm)	1 hour held for inpatient care conferences (2pm) Gender health mtg 1x/month (1-3pm)	Adolescent medicine clinic Supervision	1 hour held for inpatient care conferences (2pm) 2 hours for OP therapy (3-5pm)	Inpatient EDO CL Admin and scholarly time
		2 hours for OP therapy (3-5pm)			

Sample Schedule

This schedule is designed to serve as a general example of clinical experiences that might occur throughout the week. Experiences will vary based on patient and supervisor schedules.

Absences

When a fellow requests leave that will interfere with their C/L rotation, they should email Dr. Everhart to arrange coverage. Days off should be added to the Outlook calendar of Drs. Everhart and Smith by scheduling a meeting from 8:00 am - 8:30 am the day of the requested day off, indicating the fellow will be out and who is covering (if applicable). If the day off requested overlaps with Dr. Everhart's absence, please also send an Outlook calendar invite to the CL psychologists (Drs. Fischer, LeNoble, Marik, Molitor, and Smith).

Training Program Faculty and Staff

Sam Everhart, PhD Assistant Professor Track Director Primary Areas for supervision: CL, eating disorders <u>severhart@mcw.edu</u>

Jacquelyn Smith, PhD Assistant Professor Primary Areas for supervision: gender health, CL, health psychology outpatient clinic jsmith@childrenswi.org

Location

All clinical experiences for the fellow are currently scheduled to take place within the Main Campus of Children's Wisconsin. Each of the clinical practice locations are connected to one another and accessible through the interiors of the buildings and/or skywalks.

The EDO Psychology C/L service operates within the children's hospital. Consults are received from multiple hospital floors and units, most typically from West 11 and West 12.

Multidisciplinary clinics are located in the Craig Yubuki Tower.

Health Psychology: Orthopedics & Sports Medicine Track

Program Description

The Orthopedics & Sports Medicine Fellowship is a 1-year pediatric psychology postdoctoral training experience with extensive supervised clinical experience with multidisciplinary care of musculoskeletal conditions and problems, including but not limited to rehabilitation adherence, presurgical optimization, pain management, prolonged concussion recovery, treatment of behavioral health factors that undermine ACL surgical course, transition back to sports/activity following injury. The fellow would provide continuity of care to patients across ambulatory clinics and collaborate with other relevant specialties/inpatient teams for care continuity. Common biopsychosocial concerns addressed include mood and behavioral symptoms prolonging recovery, suboptimal adherence to medical treatment (e.g., poor follow through with PT home exercise plan), lifestyle/health risk behavior undermining surgical course, post-injury difficulty transitioning back to sports and other normal activities. The fellow will have opportunities to address lingering demand for sports-performance and sports-related mental health both within clinic and as part of established contractual Sports Medicine partnerships with area schools. Opportunities for supervision of practicum students and teaching of medical residents are also available.

Training Aims & Objectives

Aim: Provide post-doctoral clinical fellows with advanced training experiences in providing multidisciplinary clinical care across a variety of presenting problems within pediatric orthopedics and sports medicine. We strive to support the fellow's autonomy and independence while also providing regular supervision and support.

Objectives:

- Advance to independent practice level skills in clinical care, including consultation, assessment, and therapeutic intervention to youth serviced in orthopedics and sports medicine.
- 2) Complete a research or program development/improvement project as part of the fellowship training experience.
- 3) Provide education, supervision, and outreach to medical and psychology trainees, associated faculty and staff, and community partners (e.g., schools, pediatricians).

Clinical Experiences

The orthopedic team at Children's Wisconsin strives to lead the Midwest in caring for children and adolescents who have orthopedic needs at all levels of complexity. The team of over 30 providers and 70 staff provide care for over 15,0000 unique patients per year across over 40,000 clinical encounters. Core subspecialties within the service line include Acute Orthopedics (fracture/trauma), Sports Medicine, Spine, and Hand and Upper Extremity.

• Sports Medicine

We are the only program in the state that is 100% focused on caring for youth athletes. The comprehensive care team includes sports medicine physicians, orthopedic surgeons, psychologists, athletic trainers, sports physical therapists, nutritionists, and advanced practice providers that work together to ensure student athletes receive specialized treatment based on their unique needs. Sports Medicine offering unique to the program include a comprehensive concussion program, as well as the Relative Energy Deficiency in Sports (RED-S) clinic.

• Hand & Upper Extremity

Our program provides multidisciplinary care from infancy to young adulthood for those presenting with condition of the shoulder, arm, elbow, wrist, or hand. The interdisciplinary team includes a dedicated pediatric hand surgeon for surgically repairing bones, tendons, and soft tissue in a precise and delicate manner to ensure the highest level of functionality.

Sample Schedule

Fellows have the ability to arrange their clinical practice schedule to align with their training needs, and may vary based on development and specific clinical opportunities. Within a week the fellow's schedule may contain the following activities:

- 2 hours of presurgical psychological evaluation
- 2 hours new patient evaluations referred by the provider team
- 10 therapy follow-up visits
- 2 hours multidisciplinary team consultation
- 2 hours clinical supervision
- Administrative time for charting, care coordination, and research/QI efforts

Training Program Faculty and Staff

Nicholas Young, PhD Assistant Professor Track Director nyoung@childrenswi.org

Locations

Psychology services are provided primarily out of the Children's Wisconsin Milwaukee Campus (Yabuki Tower) and the Children's Wisconsin Greenfield Clinic.