



knowledge changing life

# MCW Health Sciences Summit

## Nov. 4-7, 2024

Monday, November 4, 2024

Zoom Passcode for all sessions = MCWSummit

12:00pm – 1:00pm	<p><b>Keynote: Growing from Your Professional Discipline to being Interdisciplinary</b> <a href="#">Zoom Link</a></p> <p><b>Track: All Students &amp; Postdocs</b></p> <p><b>Keynote Speaker: Christopher J. Ott, MD '97, FACEP</b>   Chief Medical Officer, HCA Healthcare Physician Services</p> <p>“A tree that is unbending is easily broken.” Lao Tzu</p> <p>Careers in science and medicine necessarily begin with developing a narrow expertise that can sustain, with continued learning, an individual’s career for decades. However, in this keynote, you’ll learn that in order to be a successful leader in complex organizations, you must progress to a convergence mindset. Healthcare leaders must transcend the traditional, narrow specialty boundaries that develop early in our training and develop skills that promote collaboration, aggregate knowledge to understand matrixed systems and to balance competing priorities. During this keynote, attendees will gain insights into how being an effective healthcare and science leader necessarily means evolving from a narrow discipline to leading the convergence of many disciplines. Individuals who create and maintain their own bandwidth, dedicate themselves to continuous learning and are openminded are best suited to become the healthcare and science leaders of the future.</p>
3:00pm – 4:00pm	<p><b>Graduate School to Real World: Alumni Panel</b> <a href="#">Zoom Link</a></p> <p><b>Track: PhD Students &amp; Postdocs</b></p> <p><b>Panelists: Joseph Avila, PhD '21</b> (Biomedical Engineering), Analysis Engineer, Tesla; <b>Victoria Nasci, PhD '21</b> (Physiology), Postdoctoral Research Fellow, Vanderbilt University Medical Center; <b>Shannon Walker, PhD '22</b> (Public &amp; Community Health), Postdoctoral Fellow, Case Western Reserve Univ.; <b>Hannah Nonarath, PhD '23</b> (Cell and Developmental Biology), Senior Scientist, AbbVie</p> <p>Join us for a panel discussion featuring recent PhD alumni who have successfully navigated the transition from graduate school to the professional world. Receive valuable guidance and insights on launching your career.</p>
5:00pm – 6:00pm	<p><b>Ignite Your Purpose: Navigating Specialty Decision-Making</b> <a href="#">Zoom Link</a></p> <p><b>Track: Medical School</b></p> <p><b>Speakers: Sophie G. Shay, MD; Deepali Balla, MS4; Carlene Kranjac, MS3</b></p> <p>Making the choice of a medical specialty is a pivotal moment in your journey. This session aims to provide you with the tools, perspectives, and considerations necessary to make an informed decision that aligns with your passion, skills, and career aspirations.</p>

5:00pm – 8:00pm **Specialty Open Houses**

**Track: Medical School**

Tuesday, November 5, 2024

12:00pm – 1:00pm	<p><b>Holding Difficult Conversations: Navigating Conflict and Finding Your Voice</b> <a href="#">Zoom Link</a></p> <p><b>Track: All Students &amp; Postdocs</b></p> <p><b>Speaker: Duren J. Thompson</b>   Educational Program Coordinator, Office of Ombuds Services, University of Tennessee</p> <p>This interactive session for students and postdocs will explore key tools and strategies to navigate conflicts and dignity violations in professional and clinical settings, including respectful self-advocacy while on clinical rotation or in the lab. Through real scenarios submitted by the MCW student and postdoc Summit planning committee, our expert presenter will guide attendees in applying these ideas to constructively address challenges and communicate more assertively.</p>
12:00pm – 1:00pm	<p><b>How to Choose a Pharmacy Specialty</b> <b>Track: Pharmacy School</b> <a href="#">Zoom Link</a></p> <p><b>Speakers: Zachary A. Pape, PharmD, BCACP; Jesse Cramer, PharmD, BCPPS; Jake Dyer, PharmD</b></p> <p>This session will discuss post-graduate pharmacy training opportunities, current specialty areas and where your values and interests might fit, and unique patient care opportunities available to specialized clinical pharmacists.</p>
5:00pm – 8:00pm	<p><b>Specialty Open Houses</b> <b>Track: Medical School</b></p>



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## Nov. 4-7, 2024

Wednesday, November 6, 2024		Zoom Passcode for all sessions = MCWSummit
12:00pm – 1:00pm	<p><b>Fueling Your Financial Journey: A Guide to Personal Finance</b> <a href="#">Zoom Link</a></p> <p><b>Speaker:</b> Mark Ziety, CFP, AIF   Executive Director for WisMed Financial, Inc <b>Track:</b> All Students &amp; Postdocs</p> <p>Navigating the complexities of personal finance is essential for students and postdocs as they embark on their careers. This session will guide you through nine key financial priorities, including getting organized, budgeting, and building a solid emergency fund. You'll also learn about critical topics like debt elimination, federal student loan strategies, and the importance of insurance, all designed to help you take control of your financial future.</p>	
4:00pm – 5:00pm	<p><b>Residency Program Director Panel – Session A</b> <a href="#">Zoom Link</a></p> <p><b>Track:</b> Medical School <b>Specialties Represented:</b> Neurosurgery, Family Medicine, IM/Psychiatry, Emergency Medicine, Internal Medicine, Interventional Radiology, OBGYN</p> <p>Attend this session to learn the ins-and-outs of the residency interview process, interview essentials, and ranking strategies. Panelists will discuss how to best prepare for the interview process, when to send interest letters, how to prepare appropriate questions and expected etiquette, how programs evaluate candidates, and more.</p>	
5:00pm – 6:00pm	<p><b>Residency Program Director Panel – Session B</b> <a href="#">Zoom Link</a></p> <p><b>Track:</b> Medical School <b>Specialties Represented:</b> General Surgery, Psychiatry, Internal Medicine/Pediatrics, Pediatrics, Neurology, Otolaryngology, Diagnostic Radiology, Orthopaedic Surgery</p> <p>Attend this session to learn the ins-and-outs of the residency interview process, interview essentials, and ranking strategies. Panelists will discuss how to best prepare for the interview process, when to send interest letters, how to prepare appropriate questions and expected etiquette, how programs evaluate candidates, and more.</p>	
5:00pm – 7:00pm	<p><b>CW Campus Social Mixer</b> Enjoy food and connection with your peers! <b>*Register for details!</b></p>	
5:00pm – 6:00pm	<p><b>Life after PharmD Alumni Panel</b> <b>Track:</b> Pharmacy School <a href="#">Zoom Link</a></p> <p><b>Speakers:</b> Marcus Radz, PharmD '20; Arslan Aslam, PharmD '20; Mackenzie Bevry, PharmD '21; Inez Pabian, PharmD '20</p> <p>When it comes to the pharmacy industry, there are endless career specialties! Learn from a fabulous group of MCW alumni on how you can prepare yourself to launch a successful career and stand out as a future candidate.</p>	
6:00pm – 8:00pm	<p><b>Specialty Open Houses</b> <b>Track:</b> Medical School</p>	
Thursday, November 7, 2024		
12:00pm – 1:00pm	<p><b>Prioritize You: Exploring Community and Campus Wellness Resources</b></p> <p><b>Track:</b> All Students &amp; Postdocs <b>Location:</b> MKE Campus Cafeteria Lobby</p> <p>Join the “Prioritize You” student wellness program at this table event in the Cafeteria Lobby. Visit with a therapy dog, explore free to low-cost local wellness resources and opportunities, or plan a fun outing with other MCW students and postdocs.</p>	
12:30pm – 1:30pm	<p><b>Mastering MCW Qualifying Exams</b></p> <p><b>Track:</b> Graduate School <b>Location:</b> MKE Campus <b>*Lunch provided and pre-registration required.</b></p> <p>Dive into a comprehensive introduction to MCW qualifying exams in this engaging session. Connect with department representatives and upperclassmen in small group discussions, where you'll receive invaluable guidance and insider tips on how to conquer this pivotal milestone on your PhD journey. Plus, enjoy a complimentary lunch!</p>	
4:00pm – 6:00pm	<p><b>MKE Campus Social &amp; Networking Events!</b></p> <p><b>Track:</b> All Students &amp; Postdocs <b>*Register for details!</b></p> <p>Join your peers for an evening of fun, relaxation, and networking! Enjoy food and beverages at a beer garden-themed social event and meet students and postdocs across all MCW programs.</p>	